

20. OCCUPATIONAL EMERGENCY FIRST AID & CPR AWARENESS PROGRAM

COURSE CODE : none || 2 DAYS

This is a one-day awareness programme designed to provide participants with basic working knowledge of First Aid and CPR, equipping them to effectively respond to common workplace injuries.

COURSE CONTENT

- First Aid Principal
- Common Injuries
- Basic Life Support
- Assessment

RECOMMENDED FOR

- General Worker
- Electrical Engineer
- Electrical Technician
- Electrician
- Electrical Chargeman (Authorized Person)